



No Stress Midwest

OUR BEST IS YET TO COME!



No Stress Midwest

A MESSAGE FROM BRYAN TURNER

“ Off the field, 2020 was a year that predominantly changed our lives.

During a time with so much uncertainty, one thing stayed consistent, and that is the beautiful game of soccer, and the joy and thrill that comes through touching a ball with your foot, and playing the game with amazing teammates around you.

No Stress Midwest is committed to continuing our passion and dedication on the field, perfecting technical skills to becoming the best version of themselves while on the field.

However, we have realized that to become the best version of yourself on the field, an athlete needs to become the best version of themselves off the field.

No Stress Midwest has doubled down on ensuring you are part of a lifestyle that will change your life, athletically, academically, and personally.

Cheers!
Bryan Turner

”

No Stress Midwest

TRAINING



Developing Skills & Confidence

In 2020, No Stress Midwest managed over 150 athletes, spending valuable resources and time in perfecting skills that cater to strengths. Our athletes have gone on to win state, conference, and club awards; play at the collegiate level; and develop into smart, dependable soccer players. This past year alone we were proud to watch more than 10 of our homegrown players take their talents to the ODP level.

What does No Stress Midwest offer? No Stress Midwest offers individual training sessions; group training sessions; and full team training sessions. At No Stress Midwest, we train our players to become better players through leadership and confidence.

Last year alone we spent over 500 hours on the field training our athletes, and we are ready to bring your game and attitude to the next level in 2021! With a dedicated coaching staff with more than 30 years of combined coaching experience, you will flourish in our close-knit No Stress Mid West family.



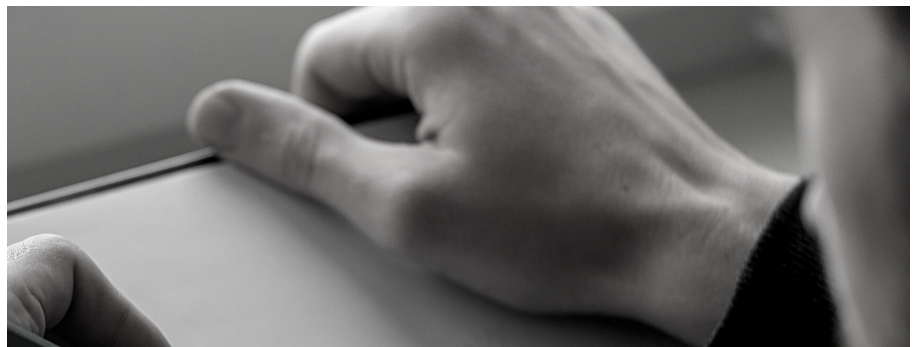
No Stress Midwest

EDUCATION



No Stress Midwest Education & Academic Tutoring Service

- As former student athletes themselves, our No Stress Midwest tutors understand the rigor and discipline it takes to be committed to a sport while achieving good grades. As such, we have hired board certified educators in Kansas and Missouri in a variety of specialty topics, and familiar with the latest curriculum in school districts around the metro area.
- No Stress Midwest is passionate about helping students achieve their goals in the classroom, and also committed to helping students build the necessary skills and tools they will need in the future to succeed on their own.
- Our tutors will travel to your home or meet at a predetermined location to conduct in-person tutoring sessions. All we need is a space for learning. We are also available for online tutoring via Zoom.



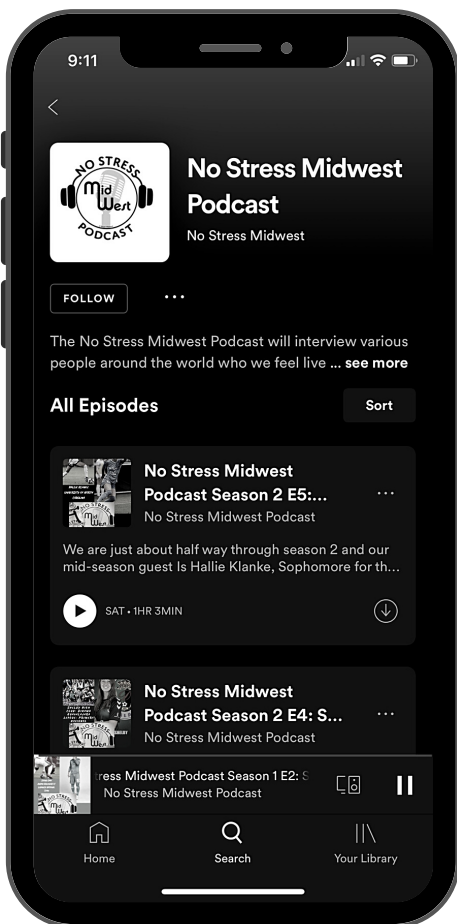
No Stress Midwest

THE PODCAST



More Guests, More Stories

- No Stress Midwest Podcast is an extension of No Stress Midwest's training program and lifestyle brand based in Kansas City, Missouri.
- No Stress Midwest Podcast provides listeners an opportunity to listen to in-depth and personal conversations between Bryan Turner and his wide variety of guests who've all left a significant imprint in the soccer world.
- Interviewed guests included: James Musa, Minnesota United FC; Soony Saad, Ansan Greeners FC; Joe Amico, OKC Energy; Ian Barker, United Soccer Coaching; and Shea Groom, Houston Dash.
- Listen on Spotify and iTunes today!

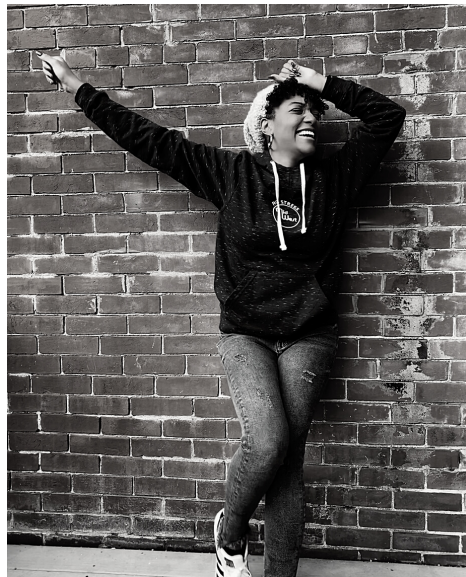


No Stress Midwest

THE LIFESTYLE

Making A Statement Off The Field

No Stress Midwest is a representation. Our brand is focused on becoming the best version of yourself athletically and academically, and why not look cool and feel good while doing so! Showcase our brand with our fresh new hoodies; kits and various other apparel items!



No Stress Midwest

COMING SOON!

Kiddie Kickers

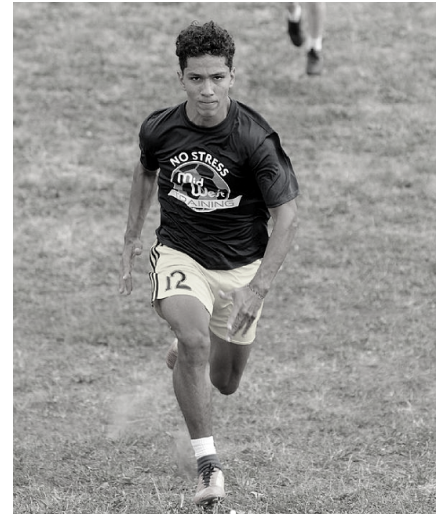
- We start young, but it is all about putting the fun in fundamentals. Our dedicated group sessions for children eight years old and younger gives us an opportunity to showcase the fun and loving spirit that soccer offers. No Stress Midwest's Kiddie Kickers will play fun games; learn the basics of soccer; and begin to develop friendships on the field.

United Soccer Coaches Convention

- Our very own Bryan Turner will be a co-host during the United Soccer Coaches Convention on January 11 and January 12. If you are unable to register or attend the conference, a virtual version will be released on January 12. Stay tuned for more information on our social media pages and our websites!

Our Next Philanthropic Venture

- We are continuing our collaborative partnership with Football For The World in 2021. No Stress Midwest is exploring other ventures as well, and is open to hear your suggestions! Stay tuned for more information.



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<https://www.nostressmidwest.com/join-our-team>